

**2021**

## The British Association of Sport Rehabilitators and Trainers executive committee

**2pm Wednesday 23rd June 2021. Link:**

<https://us02web.zoom.us/j/83122449087?pwd=S0N5c1c1a0RtWjh0NzI4UWZ5bytvQT09>

Meeting ID: 831 2244 9087

Passcode: 555746

### MAIN AGENDA

| No. | Item  | Purpose | Lead | Type | Open/<br>restricted |
|-----|---|---------|------|------|---------------------|
| 1   | Apologies: Hollie White (HW), Richard Collins (RC), John Morgan (JM)<br><br>*minutes to be sent to lay committee for comment * HW action.   |         |      |      |                     |
| 2   | In attendance: Stephen Aspinall (SJA), Allan Munro (AM), Richard Moss (RM), , Oliver Coburn (OC), Jonty Ashton (JA), Victoria Wakenshaw (VW), Ryan Gordon (RG), Chris Wilcox (CW).  |         |      |      |                     |
| 3   | Conflicts of interest:<br><br>No conflicts declared.  |         |      |      |                     |
| 4   | Standing item 1: Approval minutes of previous meeting (24/02/21)<br><a href="https://docs.google.com/document/d/1gGMmRISxVI5VRSwDCEtWBakzCMxHk5hrrKWOWf4Vt68/edit?usp=sharing">https://docs.google.com/document/d/1gGMmRISxVI5VRSwDCEtWBakzCMxHk5hrrKWOWf4Vt68/edit?usp=sharing</a><br><br>Minutes of the previous meeting approved.<br><b>Action:</b> HW to finalise and send to Tim to go on the website.   |         |      |      |                     |
| 5   | Standing item 2: Matters arising from minutes of previous meeting (24/02/21)<br><br>CPD audit is complete. Process to be refined between CPD officer and admin team. Other matters to be further discussed today. Difference with mission statements in different locations on the website, this will need to be amended. The 1st degree SR group is beginning to form, AM intends to do more throughout the summer. Potential plan to approach the league auditors about where professional information is sourced. AM requested further input if anybody has information. IFSPT work to be carried to the next meeting.<br><br><b>Action:</b> JA, SJA and HW to follow up with Tim to ensure that the mission statements are up to date correctly displayed on the website. |         |      |      |                     |
| 6   | Standing item 3: Review and learning points from FtP<br><br>OC updated on FTP case. Panel member required from EC to sit on an appeals panel. AN to help with this. CW to provide a contact from UoH for the other HCP on   |         |      |      |                     |

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|   | <p>the panel.</p> <p>No other update on FTP.</p> <p><b>Action:</b> OC to progress the formation of an appeals panel.</p>   |     |        |     |
| <b>Reports from Executive committee members (received as additional to Main agenda)</b> |  |     |        |     |
| <b>7</b>  | Exec committee reports (brief)   | All | Verbal | n/a |
|   | <p>JA: Student conference went well and feedback was good.</p> <p>RM: Marjon accreditation is now finalised. They have merged components of the Rehab programme with S&amp;C to enhance the programme and differentiate it from their ST programme. Accreditations have been slow this year due to Covid but it is expected that this will pick back up. Exam writer training complete, many have completed questions. Now we have around 190 questions. Moodle platform being finalised. Positive conversations with publishers about the formation of a BASRaT textbook, linked to the international framework.</p> <p>No other committee updates.</p>   |     |        |     |
| <b>8</b>  | CEO report   | SJA | Verbal | n/a |
|   | <p>International arrangement - further assistance will be required with implementing this over the next 12-months. Still details to finalise with short-term potential applicants. Expectations for future applications from other bodies, particularly in Europe.</p> <p>RG will develop a role and take on more work overseeing the exam implementation. CH will increase office hours. RG to complete handover on this work with RM.</p> <p>Neuro education programme is developing. Running behind schedule. Aiming to be finished by July. Need to then plan implementation.</p> <p>Advanced Practitioner qualifications with HEE are now finalised.</p> <p>Shared webinar with the CSP coming up. Covering issues around Long Covid with athletes. Also still involved in the CSP strength project and continuing to input. We have also offered to assist the CSP with creating a module on strengthening for physiotherapists.</p> <p>Meeting with BASA later this week to discuss the international arrangement.</p> <p>BJSM article has provoked lots of discussion on the topic of scope and we have continued to engage positively with all parties. There is an intention to do another follow up blog with the BJSM.</p> |     |        |     |
| <b>9</b>  | Registrar report   | OC  | Verbal | n/a |
|   | <p>Webinars going well with plans into 2022. Tech event in person planned for the near future. Continued focus on EDI with webinar topics and speakers.</p> <p>Continued engagement with ARMA APPG, good co-working. Will also be speaking at ARMA conference.</p> <p>Agreement on GSRs working for Designed 2 Move.</p> <p>Engagement with Vita Health Group on role of Rehab Therapists.</p> <p>NHS role development with specific jobs and on a wider scale.</p>  |     |        |     |

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|    | Upcoming policy and guidance reviews.<br>PSA working on DBS checks; OC updated on implications for registers.<br>Business handbooks and workshops are developing. Further information will be available in due course.  |    |         |     |
| 10 | Administration report   | RG | Verbal  | n/a |
|    | Registration applications are being sent in in large numbers. Lots of people are also returning to the register as well as finalising the last few IMAs.  |    |         |     |
| 11 | Communication report (see below)  | VW | Written | n/a |
|    | <p>Marketing Update February – May 2021</p> <p>Emails</p> <ul style="list-style-type: none"> <li>- Members newsletters in Feb, March and May; email alert to new members highlighting membership; student email newsletter; emails to three groups of potential members re the International Agreement – last year’s students, this year’s graduates and previous two years members. Three graduating student emails done</li> <li>- two lots of jobs found for each, contacting employers; income protection.</li> </ul> <p>Leaflets and design</p> <ul style="list-style-type: none"> <li>- Next steps leaflet updated, New graduate members piece updated, Ryan smith covid piece, International Agreement adverts designed</li> </ul> <p>Social media</p> <ul style="list-style-type: none"> <li>- Instagram pieces created and shared, webinars promoted, PG Mutual, WiSER, nutritank, International Agreement, Covid pieces, ERI job promoted heavily, job roles promoted, Adverts for exam writer and reviewer roles</li> <li>Top Tweet – earned 13.9K impressions - BASRaT Student Conference</li> <li>Top Follower - <a href="#">Shrewsbury Morris Dancers!</a> - followed by 105K people</li> <li>Most notable Follower - <a href="#">Council of Deans of Health</a> - followed by 8,240 people</li> </ul> <p>Student Conference</p> <ul style="list-style-type: none"> <li>Logo produced, leaflet designed, individual twitter posts designed, Eventbrite set up, students emailed, multiple twitter posts</li> </ul> <p>News pieces</p> <ul style="list-style-type: none"> <li>- Ryan smith piece - <a href="#">Sport Rehabilitator at the frontline of Covid Recovery</a>, Infographic included in ARMA newsletter</li> </ul> <p>Website</p> <ul style="list-style-type: none"> <li>- CV tips page rewritten image, Jobs added, Long covid infographic news piece</li> </ul> <p>Work on mailchimp</p> <ul style="list-style-type: none"> <li>- Final renewal work, email alert sent out and names tagged, ensure all members are tagged and go through those not renewing, full results summary done for last email, much work on mailchimp members</li> </ul> <p>Admin</p> <ul style="list-style-type: none"> <li>- Advertisement sorted for breeze, programme leaders emailed with Next Steps leaflet. Student Projects piece written and sent out and feedback given. Work on mailchimp - Final renewal work, email alert sent out and names tagged, ensure all members are tagged and go through those not renewing, full results summary done for last email, much work on mailchimp members</li> </ul> |    |         |     |

| Submitted items for discussion/decision |   |                                |       |        |          |
|---|---|--------------------------------|-------|--------|----------|
| 12                                      | Concussion piece  |                                | AM    | Verbal |          |
|   | <p>Sparked by a member email about clearing RTP after concussion. RFU say that HCPs are able to clear prior to RTP but the professions are listed specifically. We're not named on the list. Would be good to get some additional resources out to members reinforcing education pieces around concussion. Signposted the latest RFU information on appropriate provisions.</p> <p><b>Action:</b> VW to collate and distribute messages with support as required.</p> |                                |       |        |          |
| 13                                      | Membership officer role   |                                | AN/AM | Verbal |          |
|   | <p>AN would like to be used more. Proposed formation of an institution support role; this would help bridge some of the gap between accreditation work that RM does and admin work.</p> <p><b>Action:</b> AN HW and SJA to form a role description for this committee position.</p>   |                                |       |        |          |
| 14                                      | Admin support and responsibility  |                                | AM    | Verbal |          |
|   | <p>RG will transition into a role overseeing the implementation of the exam. CH will increase her admin work in place of Ryan.</p>  |                                |       |        |          |
| 15                                      | First Aid Qualification   | Decision needed                | RG    | Verbal |          |
|   | <p>The temporary acceptance of online first aid courses will continue for the time being until at least when the Government restrictions are lifted. The item will be kept under review.</p>  |                                |       |        |          |
| 16                                      | Manipulation  | Decision needed                | OC    | Verbal |          |
|   | <p>Committee agreed that there is no requirement or need for C-Sp HVLA to be in the GSR scope. We will use one of the BASRaT guideline reviewers to complete a literature review to build the rationale for this. Use this review to form a basis of a policy on the subject.</p> <p><b>Action:</b> Commission a review.</p>  |                                |       |        |          |
| 17                                      | Return to register & career breaks  | Decision needed                | OC/AM | Verbal |          |
|   | <p>The certification exam will be used in place of the current membership exam. The current lapse stances of 2-5 years and 5 years plus will remain the same.</p> <p><b>Action:</b> OC to review and update the policy.</p>   |                                |       |        |          |
| 18                                      | Pay/Remuneration Review   | Discussion and decision needed | AM/HW | Verbal | Restrict |
|   | <p>SJA pay reviewed after 3 years. Committee agreed to increase pay in line with Salford pay with a 5% increase included.</p>   |                                |       |        |          |

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|   | <p>Committee also discussed honorarium for meetings and lack of review since inception. Noted that this is due an uplift. Agreed to increase of £25 per meeting to £175 going forward.</p> <p>The above is to be redacted for the public minutes.</p>   |  |    |               |  |
| <b>19</b>   | Social media good practice  |  | AM | Verbal        |  |
|   | <p>Refresh and update of social media guidance. To be distributed to universities and students.</p> <p>Action; VW</p>   |  |    |               |  |
| <b>20</b>   | WiSER   |  | HW | Verbal via OC |  |
|   | <p>Will BASRaT, and how will BASRaT, commit to funding the start up of the group. Committee feel a process or application needs to be in place for the funding. A short proposal / business plan with a requested amount would suffice. This can then be approved by the committee. Is the funding to be one off or continuous? This should be included in the proposal.</p>  |  |    |               |  |
| <b>AOB</b>  |   |  |    |               |  |
|   | <p>Committee agreed to look at current roles and propose possible new roles in the future. Future in person meeting to be planned to review committee roles as and when restrictions allow. For the very short term - review how AN and CW can provide additional support to CE office with tasks.</p> <p>CW to support OC with a review of the policy documentation and FTP process. AN will provide additional support to RM and RG.</p> <p>No other items of business.</p> |  |    |               |  |
| <b>For information only</b>                             |   |  |    |               |  |
|   |   |  |    |               |  |
| <b>Next meeting: 1st Sept 2021 2pm. Link to follow.</b> |   |  |    |               |  |