



Cemil Yesilyurt - BSc (Hons) Sport Rehabilitation

Cemil is a Sport Rehabilitator and Strength and Conditioning Specialist, he works at a multidisciplinary clinic and has supported a variety of sports including GB Taekwondo, the England Squash Team, Ireland Rugby League Wolfhounds and Bolton FC. This is Cemil's story:-

CAREER

The Chiro and
Physio Clinic

"My day to day work typically involves diagnosis and treatment and corrective exercise rehabilitation and strengthening, this is either undertaken at the clinic or the gym depending on the patient's stage of treatment."

Cemil is a Sport Rehabilitator at a clinical practice of multidisciplinary practitioners including Sport Rehabilitators, Chiropractors and Physios at 'The Chiro and Physio Clinic'. As a multidisciplinary practice, Cemil's colleagues appreciate that their skills complement each others work and the team help upskill colleagues with regular continual professional development days.



GB Taekwondo

Cemil has worked with the Great Britain Taekwondo team across multiple age groups and has attended four European Championships and one World Championships, overseeing injury management for the athletes. Cemil attended training camps and completed injury screenings leading up to the competitions.



Experience

Exposure and
Clinical Hours

"I aimed to gain as much exposure to the working world as possible, initially working a lot of clinical hours on a voluntary basis within a multitude of sectors, from rugby, martial arts, squash, and of course clinical practice."

He secured his first full time role within occupational health, where he dealt with chronic pain patients and used a biopsychosocial approach combined with corrective exercise to help manage and treat patients' symptoms.

Multi Sports and Teams

“Although I had a full time job, I kept a foot in the door with sport, simultaneously working with two rugby teams (union and league) and Bolton Wanderers F.C academy. This took up a lot of time, working 60+ hour weeks, fast forward 5 years and I know that the hard work and time has paid off.”

He has been part of several National Squash Championships for the England Squash team and helped with the Ireland Rugby League Wolfhounds during their preparation for the 2013 world cup.

Cemil gained a first class BSc degree in Sport Rehabilitation from Salford University. Cemil was awarded the Graybook prize award for achieving the highest degree classification across all BASRaT accredited institutes.

“The Sport Rehab course was very engaging, it really set me up to hit the ground running with treating patients confidently when I left the course.”

He states that his achievement would not have been possible without the help and guidance of lecturers during his time at University. He is dual accredited as a Certified Strength and Conditioning Specialist through the National Strength and Conditioning Association.

EDUCATION
Salford University



Mentors
The Future

“I am thankful to the therapists along the way who took time to mentor me, their help has been truly invaluable.”

Cemil hopes the next five years are as positive as the previous five years, but equally as challenging, as one thing that he has learnt since graduating is that there is no change without challenge.



“I am a proud member of BASRaT, who, among other things, help regulate clinicians and practise standards within the profession to make sure they are compliant with the Professional Standards Authority.”

He believes his sporting career has been possible due to BASRaT making Sport Rehabilitators visible with a solidified place within the clinical and sporting sector.

BASRaT
Membership Benefits

